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kh: opeiu 330, afl-cio, clc (대화) Volume 12, Issue 21

July 6, 2012

A Publication of the Transport Workers Union of America, Air Transport Division, Local 514, AFL-CIO



Thinking of Retiring?

Please contact Local 514's Retirement Counselor Mark Loeber for details. Contact details are listed below:

Mark Loeber TWU, Local 514 Retirement Counselor 9175 S. Yale Ave. Suite 200 Tulsa, Oklahoma 74137

Bankruptcy Information

Information about the bankruptcy comes almost everyday for hearings etc. The informer only goes out weekly. For the most current information, we highly recommend that you go to the computer at home or at work and go to

www.twu514.org

and see daily up to the minute updates. This is the fastest and most reliable way to be informed. You can also sign up for updates at <u>www.twu.org</u> (the International TWU website).

AA Bankruptcy Update

July 3, 2012

American Airlines

Today, TWU Stores and Maintenance and Related negotiators met again with the Company.

While the talks were intense, critical information was needed by the TWU teams before any final decisions could be made. That information is still pending. AA indicated it would have the data to the union's experts as soon as possible.

Once the information is provided, negotiators believe each work group will be in a better position to make key decisions. Since the teams were unable to go forward without this analysis, negotiations with the Company are scheduled to reconvene on Monday morning, July 9 at Flagship University in Dallas.

We will keep you posted as soon as any news becomes available.

Court Update for July 3, 2012

By order dated March 22, 2012, the Court granted the Debtors (AMR) a six-month extension of the initial 120-day period during which the Debtors have the exclusive right to file a chapter 11 plan and the 180-day period to obtain acceptances of the plan through and including September 28, 2012 and November 29, 2012.

The Debtors and the Committee filed a joint motion to extend the exclusive periods to and including December 28, 2012 and February 28, 2013, respectively, to permit the Debtors, among other things, to continue to work on their business plan and labor and retiree benefit issues and for the Debtors and the Committee to look at strategic alternatives. The motion is scheduled for hearing on July 19, 2012 at 10:00 a.m. (Eastern), with objections due by July 12, 2012 at 4:00 p.m. (Eastern).

Rock & Roll Up Your Sleeve

Heroes on the Homefront Blood Drive

Tuesday, July 17^{th,} 2pm – 7pm

TWU Hall 11945 E Pine St

Please call 1-800-733-2767 or go to <u>www.redcrossblood.org</u> sponsor keyword: Heroes - to schedule an appointment

Protect Yourself

With summer now here, it is important to educate yourself on the following health risks that are typically associated with summer. With a little bit of prevention, you can enjoy a fun and safe summer.

1. Sun Damage

Prolonged exposure to the sun can lead to the development of skin cancer which is the most common form of cancer. The American Cancer Society suggests wearing protective clothing and sunscreen with an SPF of at least 30 when going outdoors.

Skin is not the only part of your body that you should protect from the sun. Youreyes can also suffer damage from the sun's UV rays. To prevent eye damage, wear 100% UV-filtering sunglasses.

2. Heat Exposure

Too much sun exposure can cause serious health problems such as heat stroke or heat rash. Heat stroke is a dangerous spike in body temperature that can lead to fainting and possibly death. Dehydration contributes to heat stroke, so drink water and work during cooler hours only. If you do suffer from heat stroke, wet your clothes and call paramedics.

Heat rash is a less serious condition and is caused by blocked sweat glands. Tiny, itchy bumps form on the skin and can become irritated by clothing, moisture and heat. To prevent heat rash, wear light, breathable fabrics to cover your skin when outside in the sun.

3. Insect-borne Illness

Mosquitoes are common carriers of many viruses including West Nile virus, while ticks carry Lyme disease. Ticks and mosquitoes may respond to repellent, but the Centers for Disease Control (CDC) suggests wearing concealing clothing to prevent bites. Be aware of what color clothing you wear, as insects are attracted to bright colors. Also, you should avoid wearing perfumes and scented lotions as that will also attract insects. Most insect-borne diseases in the U.S. are treatable by antibiotics.

4. Food Poisoning

Most food poisoning is from food that's too warm or prepared with unsanitary utensils. When packing food for a picnic, be certain to include an ice pack to prevent your food from spoiling. Also, seal and store meats away from fruits, vegetables and other foods to avoid cross-contamination.

5. Fungal Infection

Spending time at the public pool can lead to the development of fungal infections such as Athlete's Foot which appears as an itching, peeling foot rash treated by over-the-counter creams. To prevent infection, wear shoes in showers and cotton socks at other times to keep feet dry.

Wheelchair Donations

The Claremore VFW usually keeps wheelchairs to loan out to individuals in the VFW who need them. They are currently out of wheelchairs. Please feel free to donate, for a good cause, any unused wheelchair to the TWU Hall and I will deliver them to the Claremore VFW. In the event they receive an over abundance of chairs, I will take some to the Veterans Hospital in Claremore and to nursing homes in the area that need them. Thanks RD Mullings

Womens/Veterans Committee Fundraiser

The Womens and Veterans Committees are having a fundraiser for the Wounded Warriors Program. Members of these committees are selling tickets to a Pancake Breakfast at Applebee's Restaurant in Owasso, OK on July 7th from 8 AM To 10 AM. Tickets will be \$7.00. Please contact any member of WWC or Veteran's Committee for further details. Committee Chairs are also available for questions, Debbie Tiller 918-859-4795 or Dan Craft 918-605-0224.