Volume 11, Issue 29 kh: opeiu 330, afl-cio, clc July 6, 2011

### TWU / AA NEGOTIATIONS Update

### Fleet Committee Update - 07/01/11

The TWU Fleet and Ground Service Negotiating Committee reconvened with the NMB and American Airlines management in Dallas, TX on June 27th and 28th. During this two day session, proposals were passed by both sides but no Tentative Agreements were reached during this session. The Committee will meet again with the NMB and American Airlines on July 25th and 26th in Dallas, TX.

**The M&R and Stores Negotiating Committee** mediator Kane has set the next date for negotiations to be the week of 7/11/11 in the Dallas, Texas area.

The Negotiating Committees appreciates your patience and support as we work toward an agreement

For more information and to read the most current contract proposals goto: http://aa.twu.org

## Veterans: Requesting a DD Form 214 through the Internet

Type in the Internet address: <a href="http://www.archives.gov/veterans/military-service-records/">http://www.archives.gov/veterans/military-service-records/</a>

Note: Internet Explorer seems to work better than other browsers on this site.

How to Initiate a Request for Military Personnel Records:

- 1. Click on the "Launch the eVetsRecs System to start your request Online" box. This will open a separate window
- 2. Click "continue" box for the privacy act and paperwork reduction act. Enter the required information in the system as it populates through request process. Total of 4 steps.
- 3. Print out the "Signature Verification" page, sign and date on the appropriate lines. This is important because the Privacy Act of 1974 requires that all requests for records and information be submitted in writing. Each request must be signed and dated by the veteran or next of kin.
- 4. Fax to 301-801-9049 or mail to: NPRC WEB 9700 Page Avenue St. Louis, MO 63132-5100. You must do this within the first 30 days of entering your request, or your request will be removed from the system.
- 5. Check the mail in 3 to 5 weeks

TWU Local 514's Veterans Committee meets monthly on Wednesdays following the Shops Stewards Meetings in the Executive Board Conference Room at 3pm.

For TWU members, who want to become more active in the Labor movement and find out more about the AFL-CIO, please visit our website at <a href="www.aflcio.org">www.aflcio.org</a>. You can become an E Activist and keep up with legislation that affects you and your fellow American workers daily. It is designed for all union members who want to know why we do what we do as a labor movement. This site allows you to have a voice in our movement and in day to day politics on the hill.

## SAFETY NEWS – HEAT STRESS

# Fluid Replacement Guidelines for Warm Weather Training

Working in the heat can be risky to your health. Lifethreatening problems can occur if your body is unable to stay cool enough in hot temperatures or high humidity. Heat stress causes a range of health effects, which can lower your job performance and become life-threatening if left untreated.

#### **Health Risks**

• *Heat stroke* is life-threatening. Your body can no longer cool itself. You may have hot, dry skin, experience confusion, convulsions, or loss of consciousness.

Heat stroke can kill.

If you or a coworker experience symptoms, call 911 and get emergency medical help!

- *Heat exhaustion* develops when your body has lost too much fluid. Signs of heat exhaustion include damp, flushed skin, feeling tired, nauseous, head achy, or giddy.
- *Heat cramps* occur when salt your body loses from sweating isn't replaced. They affect the muscles you use most and can set in after you've left work.
- *Heat rash* occurs when sweat can't evaporate from your skin. It can make work activities difficult to perform.

### A SAFE WORKPLACE IS YOUR RIGHT!



To protect workers from heat stress, employers can:

• Provide *clean water* in convenient locations at all work areas.

• Schedule frequent *rest* 

and water breaks.

- *Reduce work demands* or scheduling heavy labor for cooler times.
- Ensure adequate *air circulation* in work areas (e.g. ventilation).
- Provide adequate and immediate *medical response* in the event of heat stress.
- Choose PPE with heat stress in mind

#### PROTECT YOURSELF!

- Know and report early signs and symptoms.
- Drink water frequently.
- Take breaks in cool, shaded areas.
- Wear light-colored, loose-fitting clothing.
- *Report problems* with heat, AC or drinking water. Take breaks and be alert to signs of heat stress when > 85°F. Implement all precautions when >95°F the **DANGER ZONE** for heat exhaustion and stroke.

Spotlight on Breaks: No OSHA standard exists on heat breaks. However, take action as soon as you or a coworker begins to feel symptoms of heat stress!

### **Shop Steward Meeting**

July 11, 2011

7:15

11:45

3:45

You have a voice; let it be heard