

## Home Fire Safety

With the cold weather approaching, it's good to revisit some tips about fire safety. More than 4,000 Americans die each year in fires and approximately 20,000 are injured. An overwhelming number of fires occur in the home. Surviving an incident such as a fire in the home is not a question of luck. It's a matter of planning ahead.

### Every Home Should Have at Least One Working Smoke Alarm

Buy a smoke alarm at any hardware or discount store. It's inexpensive protection for you and your family. Install a smoke alarm on every level of your home. The facts are smoke alarm can double your chances of survival.

### Use Appliances Wisely

Unplug appliances when not in use.

### Alternate Heaters

- Keep anything combustible at least three feet away from portable heaters and wood stoves.
- Use fire screens in front of the fire place and have your chimney cleaned annually.
- Never use gasoline or camp-stove fuel in a kerosene heater. Refuel outside and only after the heater has cooled.

### Plan Your Escape

Practice an escape plan from every room in the house. Caution everyone to stay low to the floor when escaping from fire and never to open doors that are hot. Select a location where everyone can meet after escaping the house.

### Caring for Children

Children under five are naturally curious about fire. Many play with matches and lighters. Tragically, children set over 20,000 house fires every year.

### Caring for Older People

Every year over 1,200 senior citizens die in fires. Seniors are especially vulnerable because many live alone and can't respond quickly.

### Smoke Alarm Facts

- Smoke alarms have contributed to an almost 50% decrease in fire deaths since the late 1970s.
- Sixty-five percent of home-fire deaths were in homes that didn't have working smoke alarms.
- You should have at least one smoke alarm on every floor of your home.
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- Because smoke rises, mount your alarm near the top of the wall.
- For the hearing impaired, you can buy smoke alarms with extra-loud alarms and strobe lights.
- Test your smoke alarms at least once a month. Change the batteries in your smoke alarms at least once a year.
- Don't borrow the batteries out of your smoke

### Escaping a Fire

- Keep bedroom doors shut while sleeping. If you think there is a fire, feel the door and knob for heat before opening.
- Have an escape route for each area of the home and a designated meeting place outside.

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## Home Fire Safety

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- When planning for a family with young children, be sure to teach them not to hide from fire or smoke and to go to firefighters who are there to help them.
- Ensure that everyone is familiar with how to use an escape ladder if necessary.
- Make sure every sleeping room has two means of escape in the event of a fire.
- Once you escape, never re-enter a burning building.
- Call emergency responders (911) from a neighbor's house.
- Make sure to practice your escape plan periodically.

### **A Thirst for Solidarity** *August 21, 2009*

*(Metropolitan Washington Council, AFL-CIO)*

The only thing better than an icy cold beer on a hot summer day, is a union brew to quench your thirst for labor solidarity. Union beers include all Miller and Anheuser-Busch products including Miller High Life, Genuine Draft and Lite, Milwaukee's Best, Sharps, Icehouse, Red Dog & Hamm's (Miller), and Budweiser, Bud Light and Budweiser American Ale, Michelob, Shock Top, Busch, Natural Light, Rolling Rock and O'Douls (Anheuser-Busch) - as well as Leinenkugels, Iron City, Mad River Brewing and Henry Weinhard's. "Drink beer made by union members," the union brewery workers urge, "You'll feel better in the morning."

## Sensational Saturday SnackSackers

A group of American Airlines employees, families and friends known as the "Sensational Saturday Snack Sackers" were recently awarded the 2009 Outstanding Adult Volunteer Group Award by the Community Food Bank of Eastern Oklahoma! The Snack Sackers work with the Food 4 Kids program on the first Saturday morning of each month during the school year. The Food 4 Kids program provides 2,600 children at 52 schools in the Tulsa and surrounding areas with nutritional snacks to take home at the end of each week. Oklahoma now has more people receiving food stamps than at any time in history and 13% of the children in Oklahoma have to skip meals because their family doesn't have enough food to eat. The Snack Sackers work hard on an assembly line putting together the bags of food the children receive. Even though the two hours that we give are fast-paced and we all work hard, it is so much fun seeing how much we can do to help kids who are hungry. Our next morning to work will be December 5<sup>th</sup> and we welcome more workers to help us sack additional snacks for the holiday break. Your children, ages 14 and older, are welcome to come with you and help! They can also earn two community service hours per month for their school organizations' requirements. If you would like to join us, please contact Carol Friesen [tulsagal@valornet.com](mailto:tulsagal@valornet.com) (918-521-9286) or Duane Friesen [Duane.Friesen@aa.com](mailto:Duane.Friesen@aa.com).



vs Wichita

When: **Sunday, November 22, 2009**

Where: **The BOK Center**

Time: **4:05 PM**

Vouchers for **FREE** tickets are available at the Union Hall, 11945 East Pine Street. Quantities are **LIMITED** to 10 vouchers per member. Each member must pick up their own vouchers. If you have any questions, please contact Chris Gibson, 231-1042.